

Wilderness Survival Handbook You Need To Take With You On The Plane



Plane Crash Survival:: A Wilderness Survival Handbook You Need To Take With You On the Plane by Anatoli Boukreev

★★★★★ 5 out of 5

Language	: English
File size	: 7145 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 30 pages
Lending	: Enabled



If you're planning on ng any hiking, camping, or backpacking during your next plane trip, it's important to be prepared for anything. That's why we've put together this wilderness survival handbook that you can take with you on the plane.

What to Pack

The first step in being prepared for a wilderness survival situation is to pack the right gear. Here are some essential items that you should always have with you:

- **Water:** Bring plenty of water, especially if you're going to be hiking in a hot climate. You can also bring a water purification system to treat water from natural sources.

- **Food:** Pack non-perishable food items that will give you energy, such as granola bars, trail mix, and energy gels.
- **First-aid kit:** This should include basic medical supplies, such as bandages, antiseptic, and pain relievers.
- **Fire starter:** This can be a lighter, matches, or a fire starter stick.
- **Knife:** A sharp knife can be used for a variety of tasks, such as cutting food, preparing firewood, and defending yourself.
- **Map and compass:** These will help you navigate in the wilderness, especially if you get lost.
- **Whistle:** This can be used to signal for help in an emergency.
- **Space blanket:** This can help you stay warm in cold weather.

How to Survive in the Wilderness

If you find yourself lost in the wilderness, it's important to stay calm and think clearly. Here are some tips on how to survive:

- **Stay hydrated:** Drink plenty of water to stay hydrated. If you don't have any clean water, you can boil water from natural sources to purify it.
- **Find shelter:** Build a shelter to protect yourself from the elements. You can use branches, leaves, and other materials to create a shelter.
- **Build a fire:** A fire can provide warmth, light, and protection from animals. Be sure to build your fire in a safe location and keep it under control.

- **Find food:** There are many different ways to find food in the wilderness. You can eat berries, fruits, nuts, and other plants. You can also hunt for animals, but be sure to cook your food thoroughly before eating it.
- **Signal for help:** If you get lost, you can use a whistle or a mirror to signal for help. You can also build a signal fire to attract attention.

Staying Safe on the Plane

In addition to being prepared for a wilderness survival situation, it's also important to stay safe on the plane. Here are some tips:

- **Be aware of your surroundings:** Pay attention to the people and things around you. If you see anything suspicious, report it to a flight attendant.
- **Keep your valuables close:** Keep your passport, wallet, and other valuables close to you at all times.
- **Follow the instructions of the flight crew:** The flight crew is there to keep you safe. Always follow their instructions.

By following the tips in this handbook, you can be prepared for anything that happens on your next plane trip. Remember, the most important thing is to stay calm and think clearly in an emergency situation.



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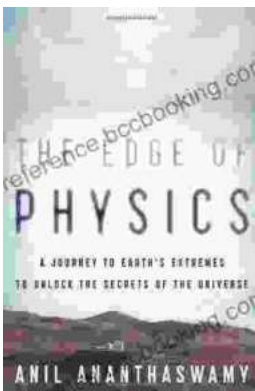
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