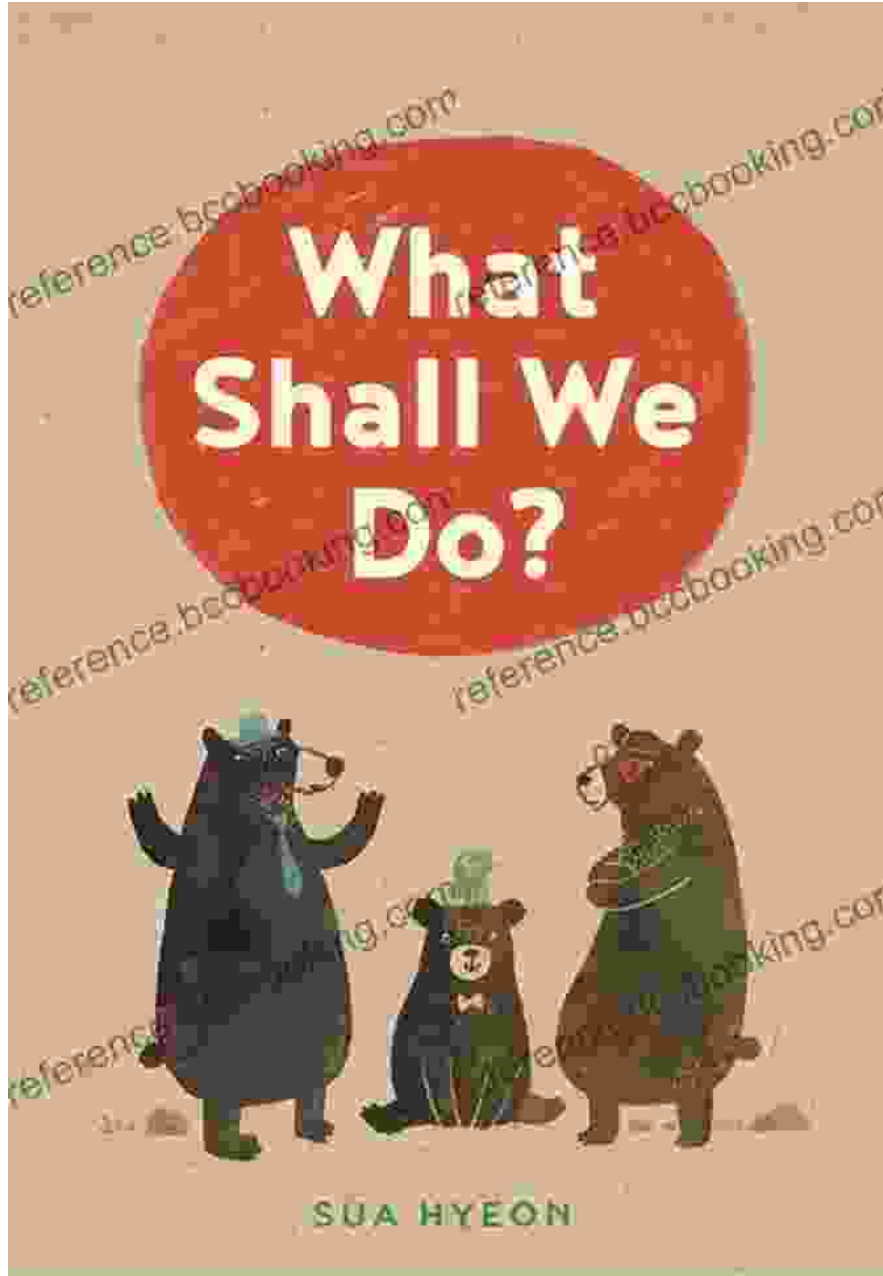


# Unveiling the Truths: What Shall We Do With the Body They Gave Me?



**What Shall We Do With the Body They Gave Me?**

**By Emily Abendroth**

In her debut memoir, Emily Abendroth invites readers on an intimate journey of self-discovery and healing. "What Shall We Do With the Body They Gave Me?" is a raw and unflinching exploration of identity, trauma, and the complexities of the human experience.

Through lyrical prose and deeply personal anecdotes, Abendroth navigates the labyrinthine landscape of grief, memory, and the lasting effects of abuse. She delves into the complexities of our relationship with our bodies, the ways in which trauma shapes us, and the resilience of the human spirit.



## Physical Actor Training: What Shall I Do with the Body They Gave Me? by Alisa Solomon

★ ★ ★ ★ ☆ 4.5 out of 5

Language	: English
File size	: 2340 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 224 pages



A blend of memoir and poetry, this extraordinary work offers a profound examination of the ways in which our past influences our present and the choices we make. Abendroth's writing is both deeply moving and thought-provoking, inviting readers to confront their own experiences and to find hope even in the darkest of times.

"What Shall We Do With the Body They Gave Me?" is a courageous and necessary book that sheds light on the often-hidden wounds of trauma and

abuse. It is a testament to the power of storytelling and the healing that can come from sharing our stories with the world.

## **About the Author**

**Emily Abendroth** is a writer, teacher, and advocate. Her work has appeared in numerous publications, including The New York Times, The Rumpus, and The Missouri Review. She holds an MFA from the University of Iowa and currently teaches at the University of Nebraska-Lincoln.

Abendroth's passion for storytelling and her commitment to social justice shine through in her writing. She is a powerful voice for survivors of trauma and abuse, and her work has inspired countless others to share their own stories.

## **Reviews**

"Emily Abendroth's memoir is a masterpiece of vulnerability and strength. Her words cut deeply, but they also offer hope and healing. A must-read for anyone who has ever struggled with the complexities of identity, trauma, and the human condition." - **Cheryl Strayed, author of "Wild"**

"This book is a gift. Abendroth's writing is both beautiful and devastating, and her story is one that will stay with me long after I finish reading it. A powerful and important work." - **Roxane Gay, author of "Bad Feminist"**

"Emily Abendroth has written a book that is both deeply personal and universally resonant. Her words explore the complexities of trauma and healing with honesty and grace. A necessary and transformative read." -

**Tracy K. Smith, Pulitzer Prize-winning poet**

## **Buy the Book**

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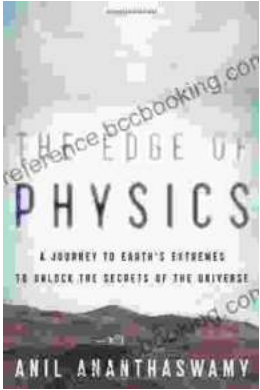
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