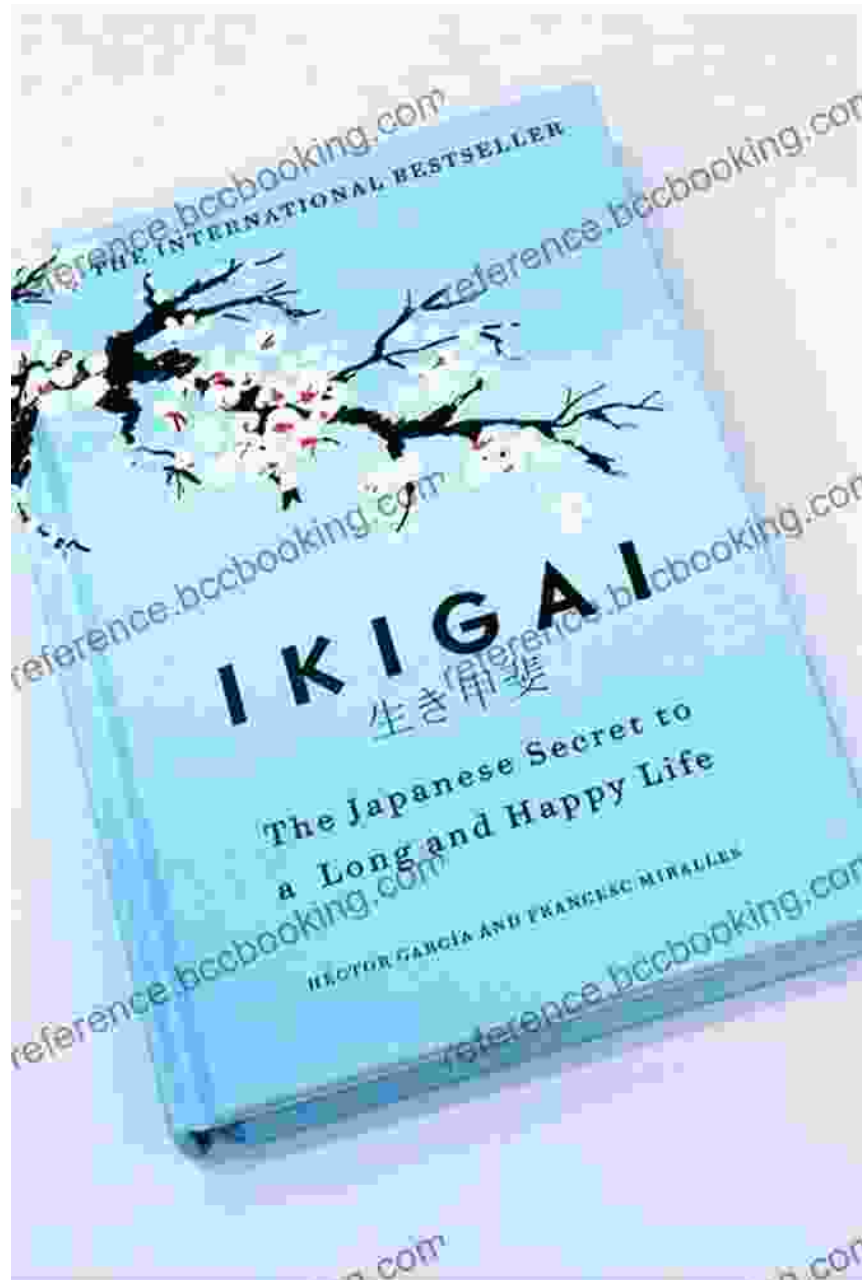


In Search of My Asian Self: A Journey of Identity and Discovery



In Search of My Asian Self is a memoir by award-winning journalist and author, Lisa Ling. In the book, Ling explores her Asian American identity and the complexities of her experiences as a woman of color. Through

personal anecdotes and interviews with other Asian Americans, Ling provides a nuanced and insightful look at the challenges and triumphs of navigating the intersection of race, gender, and culture.

Ling was born in Sacramento, California, to Chinese immigrant parents. She grew up in a predominantly white community, and often felt like an outsider. She was teased for her Asian features and culture, and struggled to fit in.



Big Little Man: In Search of My Asian Self by Alex Tizon

- ★★★★☆ 4.7 out of 5
- Language : English
 - File size : 4718 KB
 - Text-to-Speech : Enabled
 - Screen Reader : Supported
 - Enhanced typesetting : Enabled
 - Word Wise : Enabled
 - Print length : 306 pages
 - Lending : Enabled



As she got older, Ling began to question her identity. She felt torn between her Chinese heritage and her American upbringing. She wanted to be accepted by both cultures, but often felt like she didn't belong to either one.

In Search of My Asian Self is a deeply personal and moving memoir that explores the complexities of Asian American identity. Ling writes about her own experiences with racism and discrimination, as well as the challenges of navigating the often-contradictory expectations of her family and her American peers. She also provides a broader look at the history of Asian

Americans in the United States, and the ways in which they have been marginalized and stereotyped.

Ling's memoir is a valuable contribution to the growing body of literature on Asian American identity. It is a powerful and moving story that will resonate with anyone who has ever struggled with questions of race, culture, and belonging.

Excerpt from In Search of My Asian Self

"I am a Chinese American woman. I was born in the United States, but my parents are from China. I grew up in a predominantly white community, and I often felt like an outsider. I was teased for my Asian features and culture, and I struggled to fit in.

As I got older, I began to question my identity. I felt torn between my Chinese heritage and my American upbringing. I wanted to be accepted by both cultures, but often felt like I didn't belong to either one.

I remember one time when I was in high school, I was walking down the hall with a group of friends. We were talking about our plans for the weekend, and one of my friends said, 'I'm going to go to the Chinese New Year parade.'

I froze. I didn't know what to say. I had never been to a Chinese New Year parade before, and I didn't know if I wanted to go. I didn't want to be seen as too Chinese, but I also didn't want to be seen as too American.

In the end, I decided not to go to the parade. I was afraid of what my friends would think of me. I was afraid of being judged.

That was just one of many times when I felt like I had to choose between being Chinese and being American. I felt like I couldn't be both.

But as I got older, I began to realize that I didn't have to choose. I could be both Chinese and American. I could be proud of my heritage and my culture, and I could also be proud of my American identity.

I am a Chinese American woman, and I am proud of who I am."

Critical Praise for *In Search of My Asian Self*

"*In Search of My Asian Self* is a powerful and moving memoir that explores the complexities of Asian American identity. Ling writes with honesty and insight about her own experiences with racism and discrimination, as well as the challenges of navigating the often-contradictory expectations of her family and her American peers. This is a valuable contribution to the growing body of literature on Asian American identity." —The New York Times

"Ling's memoir is a must-read for anyone who has ever struggled with questions of race, culture, and belonging. She writes with a rare combination of vulnerability and strength, and her story is both heartbreaking and inspiring." —The Washington Post

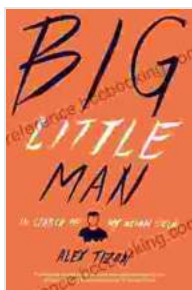
"*In Search of My Asian Self* is a beautifully written and deeply personal memoir that will resonate with anyone who has ever felt like an outsider. Ling's story is a reminder that we are all more than the sum of our parts, and that we should never be afraid to embrace our true selves." —NPR

About the Author

Lisa Ling is an award-winning journalist and author. She is the host of the CNN series This is Life with Lisa Ling, and has previously worked for The Oprah Winfrey Show, National Geographic, and Channel One News. Ling has received numerous awards for her work, including the Peabody Award, the Gracie Award, and the Edward R. Murrow Award.

In addition to her work in journalism, Ling is also a passionate advocate for social justice. She is the founder of the Lisa Ling Foundation, which supports organizations that work to empower women and girls.

Ling is a graduate of the University of Southern California. She lives in Los Angeles with her husband and three children.



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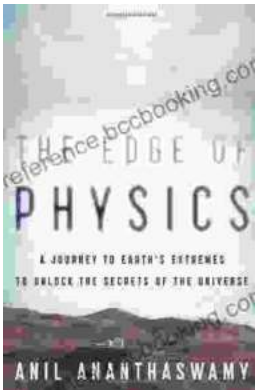
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