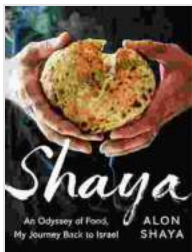


# An Odyssey of Food: A Culinary Journey Back to Israel

In her memoir, *An Odyssey of Food*, Maya Kaimal tells the story of her journey back to Israel after living in the United States for over a decade. Through vivid descriptions of meals and recipes, Kaimal explores the complex relationship between food and culture, and the ways in which food can connect us to our past and our present.



## Shaya: An Odyssey of Food, My Journey Back to Israel:

**A Cookbook** by Alon Shaya

★★★★☆ 4.7 out of 5

Language : English

File size : 273334 KB

Text-to-Speech: Enabled

X-Ray : Enabled

Word Wise : Enabled

Print length : 590 pages



Kaimal's journey begins in her childhood home in Jerusalem. Her mother is a talented cook, and Kaimal grows up surrounded by the flavors and aromas of Middle Eastern cuisine. When she moves to the United States for college, she is drawn to the vibrant food scene in New York City. She experiments with new cuisines and recipes, but she also misses the familiar flavors of her childhood.

After graduating from college, Kaimal decides to return to Israel. She is eager to reconnect with her family and her culture, and she believes that

food will be a key part of her journey. She travels throughout the country, visiting markets, restaurants, and farms. She learns about the history and traditions of Israeli cuisine, and she meets the people who grow, cook, and eat the food that she loves.

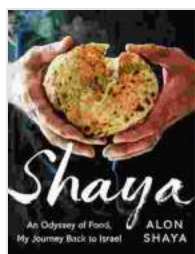
Through her journey, Kaimal discovers that food is more than just sustenance. It is a way of connecting with her family, her culture, and her own identity. She learns that food can be a source of comfort, joy, and creativity. And she discovers that the best way to experience a culture is through its food.

*An Odyssey of Food* is a beautifully written and evocative memoir that will appeal to anyone who loves food, culture, and travel. Kaimal's vivid descriptions of meals and recipes will make your mouth water, and her insights into the relationship between food and culture will stay with you long after you finish reading the book.

### **Here are some of the recipes from *An Odyssey of Food*:**

\* Israeli Couscous Salad \* Falafel \* Hummus \* Shakshuka \* Israeli Breakfast

If you are looking for a book that will inspire you to cook, travel, and explore new cultures, then I highly recommend *An Odyssey of Food*.



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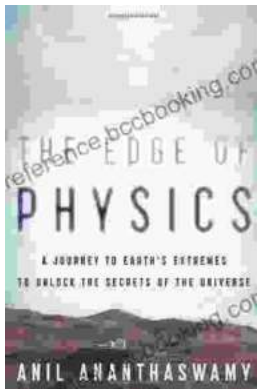
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